

**SUBJECT – ENGLISH**

Month	Name of the Chapter	Objective/ Aim	Subject Enrichment	Project/ Resources
April	<u>Literature</u> <u>Unit 1 - My Family and Me</u> Poem – Two Little Hands (Oral) <u>Grammar</u> - Sound- sh, ch, th, Alphabetical order, vowels, and consonants <u>Jolly Grammar</u> - pg. 2,3,4,6,9,15,27	Recapitulation and reinforcement of concepts already learnt. To make them learn and understand the alphabetical order. To enhance vocabulary and learn new sound words. To help the children learn when they should use a or an . To help them identify and name the basic body parts.	Students will paste / draw pictures of their body parts in their notebooks	
May	<u>Literature</u> <u>Unit 1- My Family and Me</u> Ch – Greetings, The sparrow Family <u>Unit 2- Life Around Us</u> Ch- Picture Time <u>Grammar</u> -Sound – ng, qu, ar, ff, blends, Articles <u>Jolly Grammar</u> - pg. 8,10,12, 17,23,25,26 <u>Creative Writing</u> -Picture based comprehension Fitzroy Reader L-11	To help them identify and use appropriate greetings for morning, afternoon, evening, and bedtime. To enhance vocabulary and learn new sound words. To enable students to learn about the importance of family.	Each child will greet each other using the learnt greetings at different times of the day.	Students will be asked to make a cut out of body parts (anyone) and write a few lines about it.
July	<u>Literature</u> <u>Unit 2- Life Around Us</u> Ch- The Cap Seller and the Monkeys <u>Grammar</u> -Nouns (Common/ Proper) <u>Jolly Grammar</u> - pg.5,7, 19,20,22,59 <u>Creative Writing</u> - Picture Based comprehension Fitzroy Reader L-12	To enable students to understand the cap seller's problems and his clever solution. To enhance vocabulary and develop the children's understanding of sentence structure. To develop their understanding of singular and plural nouns	Students will Brainstorm the other solution. They will be asked how they think the cap seller could have got his caps back if he had not taken off his own cap.	
August	<u>Literature</u> <u>Unit 2- Life Around Us</u> Ch- A Farm <u>Grammar</u> -Number of Noun <u>Jolly Grammar</u> - pg. 11,13,14, 24,28,34, 41	To make them aware of different types of farm animals and their corresponding sounds. Develop the children's understanding of Nouns and their ability to identify Nouns in sentences.	Students will be given a few naming words, and they will segregate them into person, place, animal and thing.	Make a hand puppet of your favorite animal and write its sound.



	<u>Creative Writing</u> - Picture composition, Picture Based comprehension Fitzroy Reader L-13	To enhance vocabulary and learn new sound words		
September	<u>Grammar</u> - Verbs <u>Jolly Grammar</u> - pg.29,31,36,37,38,40,42,53 <u>Creative Writing</u> - Picture composition, Picture Based comprehension	To enhance writing skills. To enhance vocabulary and learn new sound words. Develop the children's understanding of verbs, so they know that a verb can describe the past, the present or the future.	Students will be asked to pick out any one action word from the magic pitaara and enact it.	
October	<u>Literature</u> <u>Unit 3- Food</u> Ch- Fun with Pictures (A Visit to Market) <u>Grammar</u> -Compound words <u>Jolly Grammar</u> - 30,32, 44,46,48, 49,50,52 <u>Creative Writing</u> - Reading comprehension Fitzroy Reader L-14	Develop creativity. Enhance reading skills. To enhance vocabulary and learn new sound words. The children will be able to express their preferences for certain fruits and vegetables.	Draw/ paste the picture of your favorite fruits and vegetables in your notebook (Any 2)	
November	<u>Literature</u> <u>Unit 3- Food</u> Ch- The Food We Eat <u>Grammar</u> - Verbs, Pronoun <u>Jolly Grammar</u> - 21,33, 35,37,54,56,58,60,62,64 <u>Creative Writing</u> - Picture composition, Reading comprehension. Fitzroy Reader L-15	Students will be exposed to different food options and cultural diversity. To promote creativity and imagination. To introduce the pronouns to the children	Make flash cards of food items, marking where they come from.	.
December	<u>Literature</u> <u>Unit 4- Seasons</u> <u>Poem</u> –The Four Seasons <u>Grammar</u> - Adjectives, Question words <u>Jolly Grammar</u> - 43,45,66,68,69,71 <u>Creative Writing</u> - Reading comprehension Fitzroy Reader L-16	Students will identify the four seasons they will be able to describe their key features. To enhance vocabulary and learn new sound words. Develop the children's ability to identify Adjectives in sentences.	Make a web chart of the things we use in different seasons in your notebook	
January	<u>Literature</u> <u>Unit 4- Seasons</u> Ch- Anandi's Rainbow <u>Grammar</u> - Antonyms, Alphabetical order (Revision)	To make them aware of the colours of the rainbow and understand the connections to the nature.	Students will draw the picture of rainbow in their notebook.	Make a wall hanging using the shape and colours of a rainbow



	Jolly Grammar - pg. 51,61,70,72 Creative Writing - Picture composition, Reading comprehension.	To make them revise and understand the alphabetical order. Introduce antonym to the children and encourage them to think about the words they choose to use in their writing.		
February	Creative Writing - Picture composition, Reading comprehension Fitzroy Reader L-17	To enhance writing skills. To understand and recite poem with actions. Revise the parts of speech learnt so far.		

Exam Syllabus

Unit Test - I	Unit Test - II	Unit Test - III	Unit Test - IV
Literature Unit 1- My Family and Me Poem – Two Little Hands (Oral) Ch – Greetings Unit 2- Life Around Us Ch- Picture Time Grammar - Alphabetical order, Vowels and consonants, blends, Articles Jolly Grammar - pg. 2, 3, 4, 6, 9, 15, 27, 8, 10, 12, 17, 23, 25, 26 Creative Writing -Picture based comprehension Oral - Poem recitation Fitzroy Reader - L-11	Literature Unit 2- Life Around Us Ch- The Cap Seller and the Monkeys Poem- A Farm (Oral) Grammar - The Sentence, Number of Nouns, Nouns- Common noun, Proper Noun, Verbs Jolly Grammar - pg. 5, 7, 11, 13, 14, 18, 19, 20, 22, 24, 28, 29, 31, 34, 36, 38, 40, 41, 42, 53, 59 Creative Writing - Picture composition, Picture Based comprehension Oral -Poem recitation Fitzroy Reader L-12,13	Literature Unit 3- Food Ch- Fun with Pictures (A Visit to Market) Ch- The Food we eat Poem- Fruits for all (Oral) Grammar - Compound words, Rhyming Words, Pronoun, Verbs Jolly Grammar - 21, 30, 32, 33, 35, 44, 46, 48, 49, 50, 52, 54, 56, 58, 60, 62, 64 Creative Writing - Picture composition, Reading comprehension Oral - Poem Recitation Fitzroy Reader - L-14,15	Literature Unit 4- Seasons Poem –The Four Seasons (Oral) Ch- Anandi’s Rainbow Grammar - Adjectives, Question words Antonyms, Alphabetical order (Revision) Jolly Grammar - 43, 45, 66, 68, 69, 70, 71, 72, 51, 61 Creative Writing - Picture composition, Reading comprehension Oral - Poem Recitation Fitzroy Reader -L-16,17

Project

Unit Test - I	Unit Test - II	Unit Test - III	Unit Test - IV
Make a cut out of your choice. Paste the pictures of your family members on it and list their names, preferred food, places, colors etc.	Make a hand puppet of your favorite animal and write its sound.	Make your own basket of fruits and describe their health benefits.	Make a wall hanging using the shape and colors of a rainbow

**SUBJECT - HINDI**

Month	Name of the Chapter	Objective/ Aim	Subject Enrichment	Project/ Resources
April	स्वर,व्यजन,मात्राएँ,दो,तीन ,चार वर्ण वाले शब्द,रंगों ,अंगों और फलों के नाम, क वता-चँदा –मामा दूर के पुस्तक का अभ्यास कार्य	मात्राओं का ज्ञान देना व क वता का लय-ताल से वाचन करवाना ।	स्वर-व्यजनों की पुनरावृत्ति,दो,तीन, चार वर्णों वाले शब्दों के चित्र बनाएँ ।	मात्रा के अनुसार वर्णों के चित्र बनवाए गए।
May	जानवरों,सब्जियों के नाम क वता-चँदा मामा दूर के (मौ खक) पक्षियों के नाम अभ्यास पुस्तिका पा1 से6 तक का अभ्यास कार्य करें । आओ कहानी पढ़ें। पाठ 1 से 3 तक	शब्द भंडार का ज्ञान बढ़ाना। जानवरों, पक्षियों ,और सब्जियों की जानकारी देना।	पक्षु-पक्षियों के वषय में चर्चा करना.	
July	पुनरावृत्ति,प्रथम इकाई परीक्षा का कार्य पाठ- मीना का परिवार पाठ-दादा-दादी (क वता) पुस्तक का अभ्यास कार्य,पर्यायवाची, लंग,वचन, वलोम	परिवार के महत्व के संबंध में जानकारी देना।	परिवार के बारे में चर्चा करना	परिवार के सदस्यों को दर्शाते हुए फैमली पेड(ए -4 शीट) पर तैयार करें ।
August	पाठ- रीना का दिन पाठ-रानी भी क वता-मुर्गा बोला कुकड़ू कूँ पाठ- मठाई शब्द भंडार, चित्र अध्ययन	दिनचर्या के वषय में चर्चा करना	पुस्तक का अभ्यास करवाया जाएगा ।	अच्छी आदतों के चित्र काँपी में चपकाएँ व उनके वषय में लखें
September	पुनरावृत्ति,द्वितीय इकाई परीक्षा का कार्य । अभ्यास पुस्तिका 1 से 3 आओ कहानी पढ़ें पाठ 4 से 8 पाठ-तीन साथी पुस्तक का अभ्यास कार्य	पुनः पाठों का वाचन करवाया जाएगा । मंत्रों के वषय में चर्चा करना। अपने प्रिय मंत्रों के नाम लिखना ।	मौ खक प्रश्नोत्तर का अभ्यास करवाया जाएगा आपके मंत्र जीवन में क्या-क्या करना चाहते हैं इस पर चर्चा करें ।	नारियल के लड्डू बनवाये जाएँगे .
October	क वता-वाह मेरे घोड़े पाठ –खतरे में साँप पाठ-आलू की सड़क क वता- झूलम-झूली	छोटे-छोटे कीट-पतंगों पर चर्चा करना । साँप के वषय में वस्तुतः से बताना ।	हम आलू से क्या-क्या बना सकते हैं लिखें ।	आलू-टमाटर सब्जी की व ध चित्र सहित काँपी में लिखें ।
November	अनुच्छेद , गनती(1-5), चित्र अध्ययन,शब्द भंडार सहायकों के नाम, आओ कहानी पढ़ें पाठ 8 से 11	सहायकों का महत्व समझाना	सहायकों के चित्र कापी में चपकाएँ और उनके वषय में दो वाक्य भी लिखें।(कोई पाँच)	



December	पुनरावृत्ति तृतीय इकाई परीक्षा पाठ-भुट्टे पाठ-फूली रोटी पाठ-मेला पाठ-बरखा और मेघा अभ्यास पुस्तिका 6 से 10	स्वच्छ-स्वस्थ खान-पान का महत्व का समझाया जाएगा ।	मेले का चित्र कापी में चपकाएँ ।	पचकारी का श्री डी माडल बनाएँ ।
January	क वता-होली पाठ –जन्मदिवस पर पेड़ लगाओ क वता –हवा पाठ – कतनी प्यारी है ये दुनिया अभ्यास पुस्तिका 11 से 19	स्वच्छ हवा और त्योहारों के वषय में जानकारी देना ।	लघु प्रश्न और वाक्य प्रयोग ।	
February	पुनरावृत्ति शब्द भंडार आओ कहानी पढ़ें पाठ 12,13,14 और 15	सभी पाठों को दोहराया जाएगा	इमला, रि वजन टैस्ट लए जाएँगे ।	उबले भुट्टे की चाट बनवाई जाएगी ।

Exam Syllabus

Unit Test - I	Unit Test - II	Unit Test - III	Unit Test - IV
मात्राएँ -(अ, आ, इ, ई, उ, ऊ, ए, ऐ, ओ, औ, ए, अं) स्वर, व्यंजन, दो, तीन, चार वर्णों वाले शब्द फलों, रंगों, अंगों, जानवरों, सब्जियों के नाम, पक्षियों के नाम क वता-चंदा मामा दूर के (मौ खक) आओ कहानी पढ़ें पाठ 1, 2, 3 (मौ खक अभ्यास) मौ खक परीक्षा क वता- चंदा मामा दूर के	पाठ 1 -मीना का परिवार क वता 2 -दादा-दादी पाठ 3 -रीना का दिन पाठ 4 -रानी भी क वता -मुर्गा बोला कुकड़ कू क वता 5 - मठाई वलोम शब्द, वचन, पर्यायवाची अभ्यास पुस्तिका पाठ 1 से 5 आओ कहानी पढ़ें पाठ 4, 5, 6 चित्र अध्ययन, अनुच्छेद लेखन मौ खक परीक्षा मठाई, दादा-दादी।	पाठ 6 -तीन साथी क वता 7 -वाह मेरे घोड़े पाठ 8 -खतरे में साँप पाठ 9 -आलू की सड़क पाठ 10 -झूलम-झूली शब्द भंडार वलोम शब्द, वचन, पर्यायवाची अभ्यास पुस्तिका 6 से 10 आओ कहानी पढ़ें पाठ 7, 8, 9, 10 गनती 1 - 5 अनुच्छेद, सहायकों के नाम, मौ खक परीक्षा क वता वाह, मेरे घोड़े, झूलम- झूली, सहायकों के नाम	पाठ 11 - भुट्टे पाठ - 12 फूली रोटी क वता 13 - मेला पाठ 14 - बरखा और मेघ क वता 15 - होली पाठ 16 जन्मदिवस पर पेड़ लगाओ पाठ 17 हवा पाठ 18 कतनी प्यारी है ये दुनिया वलोम शब्द, वचन, पर्यायवाची, अभ्यास पुस्तिका पाठ 11 से 18 आओ कहानी पढ़ें पाठ - 11, 12, 13, 14, 15 मौ खक परीक्षा- क वता मेला, होली, अपना परिचय

Project

Unit Test - I	Unit Test - II	Unit Test - III	Unit Test - IV
जल, थल, वायु में रहने वाले जीव - जंतुओं का कोलार्ज बनाएँ ।	अपनी पसंद की पाँच मठाई के श्री डी माडल बनाएँ ।	आलू पर रंगों की सहायता से भाव व्यक्त करें (जैसे खुश, दुख, हैरानी)	पेड़ का श्री डी माडल बनाकर उसके भाव व्यक्त करें ।

**SUBJECT – MATHEMATICS**

Month	Name of the Chapter	Objective/ Aim	Activity
April	Ch-3 Mango treat (Numbers 1 to 9) Ch-4 Making 10 (numbers 10 to 20)	Students will be able to read and write numbers and its combination	Flash card activity
May	Ch-9 Utsav (patterns) Ch- 1 Finding the furry cat! (on/under, inside/outside, top/bottom, above /below)	Students will be able to understand the concept of patterns.	Create patterns using actions like clapping, snapping, stamping etc.
July	Ch- 5 How many? (Addition single digit numbers)	Students will be able to solve real life situations related to addition	Dice game
August	Ch-6 Vegetable farm (Addition 2-digit no.)	Students will be able to understand the concept of addition of double digit	In pairs of students will make certain dots on a sheet of paper and then they will add them .
September	Ch-7 Lina's Family (measurement)	Students will be able to understand the concept of longer objects. They will be able to identify heavier and lighter objects.	Using different sizes of glasses, bottles or bowls, check which of these can hold more water
October	Ch-8 Fun with numbers (numbers 21 to 99)	Students will be able to solve real life situations related to numbers	Slide and ladder game (NCERT)
November	Ch- 5 How many? (subtraction of single digit) Ch- 6 Vegetable farm (Subtraction up to 20)	Students will be able to understand the concept of subtraction and use in real life.	Make your own ten dots on a sheet of paper and hide a few dots. Ask another student how many dotes are hidden.
December	Ch-10How do I spend my day? (Time)	Students will be able to identify the season, day and night in their real life	Draw pictures of favorite food during different seasons.
January	Ch-2 What is long? What is round? (shapes) Ch-11 How many times? (multiplication)	Students will be able to understand the concept of multiplication and apply this concept in their daily life	Make a house, toy, tower or anything using different objects in your surroundings like notebooks, books, pencil box etc.
February	Ch-12 How much can we spend? (Money) Ch13-So many toys (Data Handling)	Students will be able to understand the concept of data handling. They will write numbers after reading pictograph	Make your own currency of paper slips. Play a shopping game in classroom.

**Exam Syllabus**

Unit Test - I	Unit Test - II	Unit Test - III	Unit Test - IV
Ch- 1 Finding the furry cat! (on/under, inside/outside, top/bottom, above /below) Ch-3 Mango treat (Numbers 1 to 9) Ch-4 Making 10 (numbers 10 to 20) Ch-9 Utsav (patterns) Oral -Tables 2 and 3 Ch-4 Making 10 (numbers 10 to 20)	Ch- 5 How many? (Addition single digit numbers) Ch-6 Vegetable farm (Addition 2-digit no.) Ch-7 Lina's Family (Measurement) Oral –Tables 4 and 5 Ch- 5 How many? (Addition single digit numbers)	Ch– 5 How many? (subtraction of single digit) Ch- 6 Vegetable farm (Subtraction up to 20) Ch-8 Fun with numbers (numbers 21 to 99) Ch-10How do I spend my day? (Time) Oral - Table 6 and 7 Ch– 5 How many? (subtraction of single digit)	Ch-2 What is long? What is round? (shapes) Ch-11 How many times? (multiplication) Ch-12 How much can we spend? (Money) Ch13-So many toys (Data Handling) Oral - Table 8 and 9 Ch-12 How much can we spend? (Money)

Project

Unit Test - I	Unit Test - II	Unit Test - III	Unit Test - IV
Collect pebbles, flowers, leaves, sticks and waste caps. Arrange them in a pattern on an A4 sheet	Plant any vegetable sapling in a pot, take care of it and bring it to the school. Draw pictures of growing saplings. Also count the number of leaves and branches.	Make your own Warli Painting	Create different shapes and objects by using clay.

**SUBJECT - E.V.S.**

Month	Name of the Chapter	Objective/ Aim	Subject Enrichment	Project
April	Ch-1 Each One is Unique	<ul style="list-style-type: none">To enable them to know about the different parts of the body.To enable them to know about the functioning of different sense organs	Make your own Identity Card Make a cut out of face and highlight the sense organs	
May	Ch-2 My Family Ch-4 Balanced Choices (Project)	<ul style="list-style-type: none">To enable the students to know about importance of their family and the difference between nuclear and joint family.	Students will be shown some pictures in which they will circle the actions that help to create bonds in a family.	Create a poster on "Importance on handwashing"
July	Ch-5 What We Eat	<ul style="list-style-type: none">To enable them to know the importance of a healthy diet.	Green Food Day will be celebrated in class.	
August	Ch- 3 My Neighbourhood Ch- 6 Animals around Us (Project)	<ul style="list-style-type: none">To understand the importance of places near our house.To know about different type of animals.	Students will write as to how we can keep our surroundings clean.	Paste pictures of any 5 houses of different animals on an A4' sheet.
September	Ch-7 Plants around Us	<ul style="list-style-type: none">To know about various type of plants	Booklet on your Green Friends (different types of plant)	
October	Ch-8 Sources of Water	<ul style="list-style-type: none">To make the students aware of the ways to conserve water.	Students will discuss the activities that require water every day.	
November	Ch-9 Air (Project)	<ul style="list-style-type: none">To know about air and its features.	Students will discuss the use of air	Students will draw any 4 activities for which we need air.
December	Ch-12 Houses	<ul style="list-style-type: none">To make them aware about different kind of houses	Students will draw or paste different kinds of houses in their copy.	
January	L-13 Clothes We Wear	<ul style="list-style-type: none">To enable the students to know about different kind of fibres and clothes in different seasons.	Students will draw different kinds of clothes they wear in different seasons in their copy.	
February	Ch-10 Transport & Communication	<ul style="list-style-type: none">To make them aware about different modes of transport.	Show and Tell	Make the season wheel



	L-11 The Solar System (Project)	<ul style="list-style-type: none"> To enable them to know about different planets 	(Any mode of transport)	and draw or paste pictures accordingly.
--	---------------------------------	--	-------------------------	---

Exam Syllabus

Unit Test - I	Unit Test - II	Unit Test - III	Unit Test - IV
Ch-1 Each One is Unique Ch-2 My Family Orals- Ch-4 Balanced Choices (Project)	Ch-5 What We Eat Ch- 2 My Neighbourhood Orals- Ch-6 Animals around Us (Project)	Ch-7 Plants around Us Ch-8 Sources of Water Orals- L-9 Air (Project)	Ch-12 Houses Ch-13 Clothes We Wear Ch-10 Transport & Communication Orals- L-11 The Solar System (Project)

Project

Unit Test - I	Unit Test - II	Unit Test - III	Unit Test - IV
Create a poster on "Importance of handwashing"	Paste pictures of any 5 houses of different animals on an A4' sheet.	Students will draw any 4 activities for which we need air.	Make the season wheel and draw or paste pictures accordingly.

**SUBJECT - COMPUTERS**

Month	Name of the Chapter	Objective/Aim	LAB Activity
April	Ch-1 Computer Wonderland	To teach the students about different parts of a computer.	Type different words (Computer Parts, Different household machines, AI Gadgets etc.) in Word Pad.
May	Ch-1 Computer Wonderland Uses of a computer	To know about the uses of a computer.	
July	Ch-2 Intelligent Machines	To know about an intelligent machine, different types of machines and their uses.	
August	Ch-3 The World of AI	To know about the different digital assistants and different types of AI gadgets in our daily life.	
September	Revision	Half Yearly Examination	
October	Ch-4 The Mouse	To know about the mouse, different parts of it and different mouse actions.	Draw a dream house in MS Paint, Work with GCompris, drawing with Kea Coloring book
November	Ch-5 The Keyboard	To know about the different keys on the keyboard and their usage.	
December	Ch-6 Memory Magic	To know the students about data and memory. They also get to know about different types of storage devices.	
January	Ch-7 Cracking Codes	To know the students about the coding software ScratchJr and components of ScratchJr window.	Movement of Sprite forward and backward in ScratchJr.
February	Project Work + Revision Work		

Exam Syllabus

Unit Test - I	Unit Test - II	Unit Test - III	Unit Test - IV
Ch 1	Ch 2, 3	Ch 4, 5	Ch 6, 7

**SUBJECT - G.K.****Exam Syllabus**

Unit Test - I	Unit Test - II	Unit Test - III	Unit Test - IV
Chapters 1, 2, 3	Chapter 4, 5, 6	Chapter 7, 8, 9	Chapter 10, 11, 12

SUBJECT – MORAL SCIENCE**Exam Syllabus**

Unit Test - I	Unit Test - II	Unit Test - III	Unit Test - IV
Chapter- 1, 2	Chapter- 3, 4	Chapter- 5, 6	Chapter- 7, 8

SUBJECT - ART**Exam Syllabus**

Unit Test - I	Unit Test - II	Unit Test - III	Unit Test - IV
<ul style="list-style-type: none">• Village scene• My first boating• My dream house• Book page 3 to 12	<ul style="list-style-type: none">• Sunrise scene• My car• Rainy season• Book page 13 to 22	<ul style="list-style-type: none">• Fish with background• Me and my balloon• Naughty ant• Book page 23 to 35	<ul style="list-style-type: none">• Christmas fun• Fishing Scene• Sea-beach• Book page 36 to 45

**SUBJECT – GAMES & YOGA**

Month	Skills	Objective/Aim
April - May	<ul style="list-style-type: none">• General Introduction & Basic rules.• Start with fitness workout.• Shuttle runs.• Zig zag run with ball.• Dribble the ball	To increase alertness, and Neuro-muscular co-ordination.
July	<ul style="list-style-type: none">• 20 mt run.• 10 mt run, 5 mt walk, 10 run.• 50 mt run & pick up the ball.• Fitness	To build speed and developed self confidence
August	<ul style="list-style-type: none">• Put your ball in basket game.• Throw the ball inside the bucket from (3m-4m)• Throw the ball inside the bucket from (4m-5m)	To enhance aiming skills
September - October	<ul style="list-style-type: none">• Basics flexibility exercise and yoga• Lunges then toe touch.• Sitting, standing, prone posture,• Animal yoga pose	To develop flexibility, concentration, and balance
November	<ul style="list-style-type: none">• Hold your medicine ball.• Flamingo game• Tenikoits and poll game• Boat pose yoga• Ardh hal asana	To build body endurance
December	<ul style="list-style-type: none">• Ball kicking• Kick the ball in small goal post.• Chest pass and throw• Toss the ball and catch	To develop eye and foot and hand co-ordination
January - February	<ul style="list-style-type: none">• Hurdle race.• Duck walks relay• Obstacle race• Frog jump	To build agility and strength



CLASS: I – BIFURCATED SYLLABUS – 2025 – 26

SUBJECT – VPA – INSTRUMENTAL (WESTERN)

Month	Category	Activity	Objective/Aim	Project
April	<u>Instrumental</u> <u>[western]</u> * PRACTICAL: -	Introduction of the Instruments and Fingering practice	Basic technique of holding the instrument	Orchestration of Inter house Instrumental Competition
May	<u>Instrumental</u> <u>[western]</u> * PRACTICAL: -	Fingering of instruments & Rhythm stroke pattern	Basic knowledge of the notation & rhythm	Symphony Inter house Instrumental Competition
July	<u>Instrumental</u> <u>[western]</u> * PRACTICAL: -	Practice of previous work	Notation & rhythm perfection	Orchestration of Independence Day and Annual Event
August	<u>Instrumental</u> <u>[western]</u> * PRACTICAL: -	Practice of Playing notation with rhythm metronome	Playing notation with Rhythm	Independence Day and Annual Event
September	Half Yearly Examination			
October	<u>Instrumental</u> <u>[western]</u> * PRACTICAL: -	Working knowledge of the Motivational Song	To prepare student take part in school musical events	Orchestration of the Song
November	<u>Instrumental</u> <u>[western]</u> * PRACTICAL: -	Practice of playing Motivational Song	To prepare student take part in school musical events	Orchestration of the Song
December	<u>Instrumental</u> <u>[western]</u> * PRACTICAL: -	Practice of playing Motivational Song and Beat practice	To prepare student take part in school musical events	Orchestration of Republic Day Event
January	<u>Instrumental</u> <u>[western]</u> * PRACTICAL: -	Lead and rhythm combined Playing in a rock band	To prepare student take part in school musical events	Republic Day Event
February	Annual Examination			



CLASS: I – BIFURCATED SYLLABUS – 2025 – 26

SUBJECT – VPA – INSTRUMENTAL (CLASSICAL)

Month	Category	Activity	Objective/Aim	Project
April	<u>Instrumental [Indian]</u> * PRACTICAL: -	Tabla / Bongo Beat Taal 8 maatraas	Introduction of the Indian Instrument	
May	<u>Instrumental [Indian]</u> * PRACTICAL: -	Dholak, Dhapli, Miracas	Practice for Perfection	
July	<u>Instrumental [Indian]</u> * PRACTICAL: -	Motivational song	Basic Knowledge of Song beat	
August	<u>Instrumental [Indian]</u> * PRACTICAL: -	Patriotic song	To give Basic knowledge of Taal pattern in song.	Independence Day (cultural Programme)
September	Half Yearly Examination			
October	<u>Instrumental [Indian]</u> * PRACTICAL: -	Unity song	Practice for Perfection in Unity song. Bongo beat	
November	<u>Instrumental [Indian]</u> * PRACTICAL: -	Unity song with Instrument	Taal Knowledge in unity song.	
December	<u>Instrumental [Indian]</u> * PRACTICAL: -	Dhapli, Mirakas	To give knowledge of Taal pattern	
January	<u>Instrumental [Indian]</u> * PRACTICAL: -	Patriotic Song	Taal knowledge In patriotic song	Republic Day Event
February	Annual Examination			



CLASS: I – BIFURCATED SYLLABUS – 2025 – 26
SUBJECT – VPA – DANCE (WESTERN)

Month	Category/Topic	Activity	Aim/objective	Project
April	Dance[western] * PRACTICAL	Basic hand movements	Introduction to basic knowledge of hand movements for dance	Preparation of Mother's Day
May	Dance[western] * PRACTICAL	Freestyle	Practice of freestyle	Presentation of Mother's Day
July	Dance[western] * PRACTICAL	Patriotic song	Practice of dance with a patriotic song stanza -1	Preparation of annual function
August	Dance[western] * PRACTICAL	Patriotic song	Practice and continuation of patriotic song stanza - 2	Annual function
September	Half yearly Examination			
October	Dance[western] * PRACTICAL	Beats and rhythms	Introduction to basic knowledge of beats and rhythms	Preparation of fest Diwali
November	Dance[western] * PRACTICAL	Basic moves	Introduction to some basic moves of dance	Preparation of fest Diwali
December	Dance[western] * PRACTICAL	Motivational song	Practice of dance with a motivational song	Preparation of republic day
January	Dance[western] * PRACTICAL	Revision of all previous work	Presentation of all previous work	Presentation of republic day
February	Annual Examination			



CLASS: I – BIFURCATED SYLLABUS – 2025 – 26
SUBJECT – VPA – DANCE (CLASSICAL)

Month	Category/Topic	Activity	Aim/objective	Project
April	Dance [Classical] * PRACTICAL	Basic moves of kathak	Basic knowledge of kathak	Preparation of Mother's Day
May	Dance[classical] * PRACTICAL	Hand movements	Knowledge of hand postures	Presentation of Mother's Day
July	Dance[classical] * PRACTICAL	Practice of hand movements on music	Improvement of postures	Preparation of Annual function
August	Dance[classical] * PRACTICAL	Basic foot movements	Knowledge of footwork	Annual function
September	Half yearly Examination			
October	Dance[classical] * PRACTICAL	Practice of footwork and hand movements	Improvement in body language of dance	Preparation for Diwali theme dance
November	Dance[classical] * PRACTICAL	Dance on theme Krishna	To gain knowledge of mythology through dance	Presentation of dance theme Diwali
December	Dance[classical] * PRACTICAL	Practice of theme Krishna	Practice for perfection	Practice of republic day
January	Dance[classical] * PRACTICAL	Presentation of all the movements together	Presentation of all steps	Republic day
February	Annual Examination			

**SUBJECT – VPA – THEATRE**

Month	Category / Topic	Objective/Aim	Activity	Project
April	(A)Introducing theatre to children (B)Rhythm & Movement	(A)Introducing theatre to children as a fun activity (B) Physical Development	Various Games & Exercises to improve Rhythm & Movement	
May	Voice & Speech	Language Development	Various Games & Exercises to improve Voice & Speech	
July	Facial expressions, nonverbal communication	To improve expressive ability	Various Games & Exercises to Develop nonverbal communication	
August	(A)Sensory & Motor Development (B) Emotional and Aesthetic Development	(A)To drives sensory stimulation (B) To increase motivation and develop appropriate interpersonal skills	Various Games & Exercises to Develop Sensory & Motor Skills	
September	Half Yearly Examination			
October	Story Telling	To build up the confidence to stand in front of the crowd and to tell a story	To present the story on their own with expression	Annual Function
November	Introduction of Role Play, Developing Character,	To bring characters to life and to tell stories	Giving task to perform different characters, Role Play	
December	Creating Plays from other sources and Poetry	To evoke emotions with music and poetry	Work on Musical Play	
January	Continuation of previous work			
February	Annual Examination			