

**SUBJECT – ENGLISH**

Month	Name of the Chapter	Objective/ Aim	Subject Enrichment	Project/ Resources
April	Poem- I Love Being Me Ch- Popo's Place Grammar: The Sentence, Antonyms Paragraph Writing Reading Comprehension Bookasura Ch- 1,2	The children will enhance their problem-solving skills by handling real life situations.	Students will make a Thank You card for their grandparents.	
May	Grammar: Nouns Picture Composition Reading Comprehension Bookasura Ch-3	The children will learn how to handle the changes in life and understand the causes and effects of relationship.	Children will draw/ paste any four nouns with sentences.	Create a piece of art using your handprint or footprint and write a short heartfelt message for your grandparents on an A3 sheet.
July	Ch- What's That Smell Grammar: Adjectives, Prepositions and Synonyms Paragraph Writing Guided Composition Bookasura-Ch-4	The children will understand how to protect or preserve the food that they eat.	Describe your favorite food and write some ways to preserve it. (A4 sheet)	
August	Ch- Fuzzy Buzzy Bee Grammar: Gender, Story Completion Reading Comprehension Bookasura Ch-5	The children will learn the importance of Honeybees for our Environment.	Students will draw the life cycle of a bee with pictures.	
September	Ch- A Wish Fulfilled Grammar: Articles, Verbs Story Writing Reading Comprehension Bookasura Ch-6	The children will learn to appreciate the world of different types of birds.	Draw / paste three different types of feathers in notebook.	Make a mini booklet on different types of migratory birds.
October	Poem- The Wind and The Leaves Grammar: Tenses Paragraph Writing (Religious Festivals) Picture Composition Bookasura Ch-7	The children will understand what happens to the leaves in different seasons. Students will develop their power of imagination and express themselves fluently.	Students will collect fallen leaves and make different animal shapes in the notebook.	



November	Ch- Harold the Hungry Plant Grammar: Adverbs, Homophones, Pronouns Story Completion Reading Comprehension Bookasura Ch-8	The children will learn about the different plants. To enable the students to understand the concept and usage of adverbs and its kind.	Paste the pictures of any two insectivorous plants and write few facts about the same.	
December	Ch- The Old Women and The Sea Spirit Grammar: Conjunctions Letter Writing (Informal) Reading Comprehension Bookasura Ch-9	The children will learn about fairy tales and folk tales from around the world. Students will be able to recognize prepositions and use them properly.	Children will share their experiences when they felt loved and special.	Children will make an aquarium using shoe boxes and they will describe how to protect and preserve marine life.
January	Ch- How Heavy is the Air? Creative Writing Story Writing Guided Composition Bookasura Ch-10,11	The children will learn about the atmosphere of the earth. They will also understand that the air has no color, taste, or odor. Students will understand the concept and usage of conjunction.	Experiment Day	
February	Ch- Gotta Get Away from Gravity Poem – All the Things Are Bright and Beautiful Grammar: Simile Story/ letter Writing Reading Comprehension	Children will understand about the solar system.	Draw and color the planet of your choice on an A4 sheet and write some interesting facts about it.	Children will make pin wheels by using colored paper, straw, paper pins etc.

Exam Syllabus

Unit Test - I	Unit Test - II	Unit Test - III	Unit Test - IV
Literature: Poem- I Love Being Me Ch- Popo's Place Grammar: The Sentence, Nouns and Antonyms Creative Writing: Paragraph Writing Picture Composition Reading Comprehension Bookasura- Ch1,2,3	Literature: Poem – Fuzzy Buzzy Bee Ch- What's That Smell Ch- A Wish Fulfilled Grammar: Adjectives, Prepositions, Genders and Synonyms Creative Writing: Guided Composition Reading Comprehension Bookasura- Ch 4,5,6	Literature: Poem – The Wind and The Leaves Ch- Harold the Hungry Plant Ch – Old Women and The Sea Spirit Grammar: Articles, Verbs, Pronouns, Tenses Creative Writing: Story Completion	Literature: Poem- All the Things are Bright and Beautiful Ch- How Heavy is Air? Ch- Gotta Get Away from Gravity Grammar: Adverbs, Homophones, Conjunctions and Similes Creative Writing: Letter Writing (Informal) Story Writing



Oral – Poem Recitation Reading from A Treasure of Tales	Oral – Poem Recitation Reading from A treasure of Tales	Picture Composition Reading Comprehension Bookasura- Ch-7,8,9 Oral – Poem Recitation Reading from A Treasure of Tales	Paragraph Writing Reading Comprehension Bookasura- Ch-10,11 Oral – Poem Recitation Reading from A Treasure of Tales
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Project

Unit Test - I	Unit Test - II	Unit Test - III	Unit Test - IV
Create a piece of art using your handprint or footprint and write a short heartfelt message for your grandparents on an A3 sheet.	Make a mini booklet on different types of migratory birds.	Children will make an aquarium using shoe boxes and they will describe how to protect and preserve marine life.	Children will make pin wheel by using colored papers, straw, paper pins etc.

**SUBJECT - HINDI**

Month	Name of the Chapter	Objective / Aim	Enrichment Activity	Project
April	वीणा-- पाठ-1 सीखो (कविता) पाठ-2 चींटी व्याकरण पाठ-1 भाषा और व्याकरण पाठ 2 वर्ण और मात्राएँ अनुच्छेद, पर्यायवाची,	-अपने नाम के अर्थ जानना और उसे साकार करने का भाव उत्पन्न होना। -बुद्धि क्षमता को समझना।	अपने प्रिय पशु व पक्षी पर अनुच्छेद लिखें।	पेड़ का चित्र बनाकर उनके अंगों के नाम लिखें।
May	वीणा-- पाठ 3 कितनी पैर पाठ 4 बया हमारी चिड़िया रानी व्याकरण- वलोम,मुहावरे, लंग, वचन, गनती शब्द भण्डार - चत्र वर्णन ए अनुच्छेद, अपठित पठित गद्यांश , आओ कहानी पढ़ें पाठ 1, 2	.टोली में खेले जाने वाले खेलों का ज्ञान होना। .स्वर व्यंजन वर्णमाला की पुनवृत्त होना।	क वता लेखन (वषय च डया)	क्ले का इस्तेमाल करके अपना पसंदीदा जीव जीव जंतु बनायें।
July	पुनरावृत्त वीणा- पाठ 5 आम का पेड़ पाठ 6 बीरबल की खिचड़ी व्याकरण- पाठ 3 संज्ञा पाठ 4 लंग वचन ,शुद्ध वर्तनी ,पत्र, अपठित ,पठित गद्यांश,अनुच्छेद आओ कहानी पढ़ें - पाठ 3ए 4	.मन के भावों को व्यक्त करना सीखना। .हिम्मत धैर्य शीलता को भावना का विकास होना ।	अपने पसंदीदा मौसम में आने वाले फलों का चत्र चत्र चपकाकर उनकी 2 उपयो गता लखें स	कक्षा में मैंगो सलसा तैयार कराया जाएगा।
August	वीणा पाठ-7 मित्र को पत्र पठित गद्यांश पाठ- 10 रस्साकशी व्याकरण पाठ 6 सर्वनाम ,मुहावरे कहानी लेखन, गनती 21 से 30 आओ कहानी पढ़ें पाठ-5,6	.कल्पनाशील वातावरण पर नए प्रश्न बनाना। . भन्न भन्न आवाजों का ज्ञान	अपने पसंदीदा खेल का चत्र कॉपी में चपकाकर उसके बारे में लखें।	रंगीन कागज से लफाफे तैयार कराए जाएंगे
September	पुनरावृत्त- वीणा पाठ 8 चतुर गीदड़ पाठ 9 प्रकृति पर्व- फूलदेई पाठ-11 एक जादुई पिटारा व्याकरण- वशेषण, शुद्ध वर्तनी, अनुच्छेद, चत्र वर्णन, पत्र, पठित गद्यांश आओ कहानी पढ़ें -7,8	बोलचाल में सदा अच्छे व मधुर शब्दों का प्रयोग करना। प्रकृति तथा उससे जुड़ी घटनाओं का ज्ञान होना ।	धा र्मक त्योहारों पर अनुच्छेद लखें।	A4 शीट पर फूलों की रंगोली तैयार करना ।



October	पाठ 12 अपना अपना काम पाठ 13 पेड़ों की अम्मा थिमक्का व्याकरण शब्द भंडार पत्र गनती 31 से 40 तक आओ कहानी पढ़ें-9,10	चिंतन पर बल देते हुए अपनी बुद्धिमत्ता का सार्थक प्रयोग करना	स्कूल में प्रयोग होने वाली वस्तुओं का चित्र बनाएँ	पौधा रोपण
November	वीणा पाठ 14 कसान की हो शयारी व्याकरण पाठ 8 क्रया अनुच्छेद अपठित गद्यांश	गेहूँ के बीज बोने से लेकर गेहूँ के पीसने तक की प्रक्रिया को समझा। ऋतुओं का ज्ञान होना।	व भन्न प्रकार के अनाजों का चित्र चपकाकर उनके नाम लखे	मेरा पसंदीदा व्यंजन चपकाकर उस पर अनुच्छेद लखें
December	वीणा पाठ 15 भारत पाठ 16 चंद्रयान व्याकरण पाठ 12. वराम चन्ह ए पाठ 15 दिन महीनों त्योहारों के नाम शब्द भंडार वलोम शब्द पर्यायवाची अपठित पठित गद्यांश आओ कहानी पढ़े पाठ-11,12	सेवाभाव की भावना जाग्रत करना।		भारत पर स्वर चत क वता लखें।
January	वीणा- पाठ 17 बोलने वाली माँद पाठ 18 हम अनेक कन्तु एक व्याकरण-कहानी लेखन अनुच्छेद, पत्र, शुद्ध वर्तनी, लंग बदलो आओ कहानी पढ़े पाठ-13,14,15	भन्नार्थक शब्दों का ज्ञान होना व भन्न प्रकार के फल के पेड़ों का ज्ञान होना।	अपनी मनपसंद खाने की चीजों के चित्र बनायें और बतायें इनको खाने में क्या नुकसान या फायदे हैं	व भन्न पांच राज्यों की खान-पान तथा वेशभूषा का चित्र कॉपी में चपकाएं।
February	पुनरावृत्त			

Exam Syllabus

Unit Test - I	Unit Test - II	Unit Test - III	Unit Test - IV
वीणा-- पाठ-1 सीखो (क वता) पाठ-2 चीटी पाठ 3 कतनी पैर पाठ 4 बया हमारी चड़या रानी व्याकरण -- पाठ 1 भाषा और व्याकरण पाठ 2 वर्णमाला और मात्राएं पाठ लंग और वचन अपठित, पठित गद्यांश गनती 1 से 20 तक	वीणा-- पाठ 5 आम का पेड़ पाठ 6 बीरबल की खचड़ी पाठ-7 मंत्र को पत्र पठित गद्यांश पाठ- 10 रस्साकशी व्याकरण -- पाठ 3 संज्ञा पाठ 6 सर्वनाम पत्र औपचारिक गनती 21 से 30 तक लंग, वचन	वीणा-- पाठ 8 चतुर गीदड़ पाठ 9 प्रकृति पर्व- फूलदेई पाठ-11 एक जादुई पटारा पाठ 12 अपना अपना काम पाठ 13 पेड़ों की अम्मा थिमक्का व्याकरण -- पाठ 7 वशेषण पाठ 8 क्रया पत्र अनौपचारिक औपचारिक, शुद्ध वर्तनी शब्दों में ,	वीणा-- पाठ-14 कसान की हो शयारी पाठ-15 भारत पाठ-16 चंद्रयान पाठ-17 बोलने वाली माँद पाठ- 18 हम अनेक कंतु एक व्याकरण -- पाठ 12 वराम चन्ह पाठ 15 दिन महीने और त्योहारों के नाम पत्र (औपचारिक अनौपचारिक) शुद्ध वर्तनी (वाक्यों में)



<p>शब्द भंडार- मुहावरे, पर्यायवाची, वलोम, चत्र वर्णन, अनुच्छेद आओ कहानी पढ़ें पाठ 1, 2 मौखिक परीक्षा सीखो क वता आओ कहानी पढ़ें पाठ 1, 2 की री डंग</p>	<p>अपठित, पठित गद्यांश शब्द भंडार मुहावरे, पर्यायवाची वलोम, अनुच्छेद कहानी लेखन अशुद्ध शोधन (शब्दों में) आओ कहानी पढ़ें- पाठ 3,4,5,6 मौखिक परीक्षा- क वता- रस्साकशी आओ कहानी पढ़ें- पाठ 3,4,5,6 (री डंग)</p>	<p>लंग और वचन बदलो अपठित पठित गद्यांश शब्द भंडार पर्यायवाची, वलोम मुहावरे , गनती 31 से 40 तक अनुच्छेद, चत्र वर्णन आओ कहानी पढ़ें- पाठ 7,8,9,10 मौखिक परीक्षा क वता-एक जादुई पटारा आओ कहानी पढ़ें- पाठ 7,8,9,10 (री डंग)</p>	<p>लंग और वचन बदलो अपठित, पठित गद्यांश गनती 41 से 50 तक शब्द भंडार पर्यायवाची-, वलोम मुहावरे अनुच्छेद, कहानी लेखन आओ कहानी पढ़ें- पाठ 11,12,13,14,15 मौखिक परीक्षा क वता- हम अनेक कंतु एक आओ कहानी पढ़ें- पाठ 11,12,13, 14, (री डंग)</p>
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Project

Unit Test - I	Unit Test - II	Unit Test - III	Unit Test - IV
<p>व भन्न जानवरों का 3D मॉडल बनाकर कार्डबोर्ड पर जंगल का दृश्य तैयार करें ।</p>	<p>आम से बनने वाले अपने पसंदीदा किसी एक खाद्य पदार्थ का स चत्र वर्णन ए 4 शीट पर करें ।</p>	<p>घर में पड़ी अनुपयोगी वस्तुओं का पुनः उपयोग करके तोरण तैयार करें ।</p>	<p>चंद्रयान या सौर मंडल का 3D मॉडल बनायें।</p>

**SUBJECT – MATHEMATICS**

Month	Name of the Chapter	Objective/ Aim	Subject Enrichment Activity	Project/ Resources
April	Ch-1 What's in a name? Ch-3 Double Century Ch -6 House of Hundred -1	Students will be able to form numbers and draw place value chart.	Snap, clap and pat activity (NCERT)	
May	Ch- 4 Vacation with Nani Maa (Addition) Ch- 5 Fun with shapes (Plane Shapes)	Students will be able to solve real life situations related to addition.	Grid Activity (NCERT)	Create scenery using different plane shapes.
July	Ch- 9 House of Hundred -2 Ch- 12 Give and Take (addition + Subtraction)	Students will be able to solve real life situations related to subtraction. Students will know about the 3- and 4-digit numbers and their place value chart	Tambola Game	
August	Ch-10 Fun at Class party (Measurement of length)	Students will be able to solve the real-life situation of measurement of length.	Body mathematics	Colour code activity on place value
September	Ch- 7 Raksha Bandhan (Multiplication) Ch- 12 Give and Take (Money)	Students will be able to understand the concept of money and its real-life application.	Envelopes activity	
October	Ch- 7 Raksha Bandhan (Multiplication)Cont..... Ch – 11 Filling and Lifting (Measurement of weight)	Students will be able to solve real life situations related to multiplication and its applications. Students will be able to solve questions related to weight.	Weight hunt	
November	Ch – 13 Time goes on Ch – 14 The SurajKund Fair (Symmetry)	Students will be able to understand the concept of Time. Identify various symmetrical figures around the world.	Drawing of symmetrical figures by joining dots (kolam Rangoli)	Sand clock
December	Ch-7 Raksha Bandhan (Division) Ch – 11 Filling and Lifting (Measurement of capacity)	Students will be able to understand the concept of division	Fun with division. (marble activity)	
January	Ch-2 Toy Joy Geometry (Solid shapes) Ch- 8 Fair Share (Fraction)	Students will be able to understand the concept of solid shapes. Students able to know about the parts of whole.	Making of any 2 solid shapes with playdough.	3D Model of animals.
February	Ch 8 Fair and share Revision	Students will be able to understand the concept of Fraction.	Fraction card activity.	

**Exam Syllabus**

Unit Test-I	Unit Test-II	Unit Test-III	Unit Test-IV
Ch-1 What's in a name? Ch-3 Double Century Ch -6 House of Hundred - 1 Ch- 4 Vacation with Nani Maa (Addition) Ch- 5 Fun with shapes (Plane Shapes) Oral-Numbers Tables 2 to 12 Ch – 5 Fun with Shapes	Ch- 9 House of Hundred -2 Ch- 12 Give and Take (addition + Subtraction) Ch-10 Fun at Class party (Measurement of length) Oral – Tables 2 to 13 Ch-10 Fun at Class party (Measurement of length)	Ch- 7 Raksha Bandhan (Multiplication) Ch – 11 Filling and Lifting (Measurement of weight) Ch – 13 Time goes on Ch – 14 The SurajKund Fair (Symmetry) Ch- 12 Give and take (Money) Oral – Tables 2-14 Ch – 14 The SurajKund Mela	Ch-7 Raksha Bandhan (Division) Ch – 11 Filling and Lifting (Measurement of capacity) Ch-2 Toy Joy Geometry (Solid shapes) Ch- 8 Fair Share (Fraction) Oral – Tables 2-15 Ch- 2 Toy Joy

Project

Unit Test-I	Unit Test-II	Unit Test-III	Unit Test-IV
Create scenery using different plane shapes.	Color code activity on place value	Sand clock	3 D Model of animals.

**SUBJECT - E.V.S.**

Month	Name of the Chapter	Objective/ Aim	Subject Enrichment	Project
April	Ch – 1 Family and Friends Ch -2 Going to the Mela	<ul style="list-style-type: none">To make students aware of importance of family and relations.To enable them to know about the different stalls at mela, safety measure that they must take.	Paste the pictures of your different family members and write your relationship with them. Make a road map to your school writing down all the major landmarks that come in your way.	
May	Ch -3 Celebrating Festivals	<ul style="list-style-type: none">To make them understand about the different kinds of festivals.	Draw the picture of your favourite festival and write what all they cook, wear etc.	My Dream Mela
July	Ch – 4 Getting to know Plants	<ul style="list-style-type: none">To make them aware of the different types of plants	Paste the pictures of different kinds of herbs, shrubs, trees, climbers and creepers	
August	Ch – 5 Plants and Animal Living Together	<ul style="list-style-type: none">To make them aware about the relation between plants and animals by exploring their innate ability to support each other.	Collection of different types of soil samples	
September	Ch -6 Living in Harmony	<ul style="list-style-type: none">To make them explore the interconnectedness of humans, plants and animals in our environment and understanding mutual dependence.	Paste the picture of different plant and animal products.	Food Chain Collage: Create a collage showing different food chains involving plants and animals. Use magazine cut-outs or drawings.
October	L-7 Water – A precious gift	<ul style="list-style-type: none">To make them understand the importance of water. Journey of water from rainfall to home and ways of storing water	Poster making on the topic 'Water Conservation' with a catchy and message giving slogan	
November	L-8 Food we eat	<ul style="list-style-type: none">To make them aware of the different types of food, their sources and nutrients we get from them	Design your food plate with their 5 favourite healthy food items.	Exercise Routine Poster: Design a



	L-9 Staying healthy and happy	<ul style="list-style-type: none"> To make them understand the importance of water. Journey of water from rainfall to home and ways of storing water 	Children will play and enjoy different indoor games in the class.	poster that shows different exercises students can do to stay fit and healthy.
December	L-10 This World of Things	<ul style="list-style-type: none"> To help the children to explore things around them. To observe things closely, to see what they are made of and where they come from. They will also learn that which things comes from nature, and which are man-made. 	<p>The teacher will show some common material around such as iron, copper, aluminium, gold, silver, mercury in a thermometer or alloys such as steel, bras and bronze.</p> <p>Activity- See through game</p> <p>Students will collect different material from their surroundings like bottle, paper, cloth and utensils etc. they will see through the objects and discuss about the materials.</p> <p>Students will draw picture of the classroom in their notebook and label all the things which they have drawn.</p>	
January	L- 12 Taking Charge of Waste	<ul style="list-style-type: none"> Students will take charge of waste emphasise the importance of putting trash in designated areas and sorting it correctly they will also describe the value of reusing and recycling pardon ko they would like explorer ways to maintain cleanliness and safety in their homes and neighbourhood. 	Activity - Create a designated recycling bin for paper and decorate it. Teacher will Encourage children to discard used papers in this bin and track how much they collect each week.	
February	L-11 Making Things	<ul style="list-style-type: none"> To help children to learn about different materials and how they are used they will also discover how the house is constructed using natural resources and how people introduce new guys and styles they will also discuss the importance of always directing safety rules 	Clay activity- Children will make clay pots / containers/ bowls by you using clay and decorate it with different decorative material and water colours to understand the important of making things.	Clay Modelling: Make things using clay or playdough. Students can create animals, plants, or



				any utility item that they use like pencil holder, keychain, mini plant pot, bookmark etc.
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Exam Syllabus

Unit Test - I	Unit Test - II	Unit Test - III	Unit Test - IV
Ch 1- Family and Friends Ch 2- Going to the mela Ch 3- Celebrating Festivals Oral: Ch 3 – Celebrating festival	Ch -4 Getting to know plants Ch -5 Plants and animal living together Ch -6 Living in harmony Oral: Ch – 6 Living in harmony	Ch – 7 Water – A precious Gift Ch – 8 Food we eat Ch – 9 Staying healthy and happy. Oral: Ch -9 Staying healthy and happy	L-10 This World of Things L- 11 Making Things L-12 Taking charge of waste Oral: L -12 Taking charge of waste

Project

Unit Test - I	Unit Test - II	Unit Test - III	Unit Test - IV
My dream mela	Food Chain Collage: Create a collage showing different food chains involving plants and animals. Use magazine cut-outs or drawings.	Exercise Routine Poster: Design a poster that shows different exercises students can do to stay fit and healthy.	Clay Modelling: Make things using clay or playdough. Students can create animals, plants, or any utility item that they use like pencil holder, keychain, mini plant pot, bookmark etc.

**SUBJECT - COMPUTERS**

Month	Name of the Chapter	Objective/Aim	LAB Activity
April	Ch-1 The Hardware and Software Safari	To know about hardware and software and their types.	Make a list of different Hardware and Software devices in MS Word.
May	Ch-2 Navigating Windows 10	To know about the features of Windows 10 and how they manage their desktop screen.	
July	Ch-3 Crafting text in Word	To know about MS Word, its components and some basic operations to be performed on a document.	Create a document in MS Word on the topic “A visit to a tourist place”.
August	Ch-4 Beautifying text in word	To know about the different formatting features that can be applied on a word document to make it effective.	
September	Revision	Half Yearly Examination	
October	Ch-5 AI Gadgets and Machines	To know the students about Artificial Intelligence and uses of various AI gadgets.	Draw simple objects in quick draw for AI activity.
November	Ch-6 Creating Artwork in Paint	To learn about Paint software, different tools of it and how to create, save, open a file in it.	Draw a robot in MS Paint.
December	Ch7 Code Crunch in Scratch	To learn about Scratch different parts of scratch window and how to move, display text and give sound to a sprite.	
January	Ch 8 Transforming Sprites in Scratch	To know the students about different blocks and how to change appearance of Sprite in Scratch.	Movement of Sprite, Change the appearance of the sprite.
February	Project work + Revision Work	Annual Examination	

Exam Syllabus

Unit Test - I	Unit Test - II	Unit Test - III	Unit Test - IV
Ch. 1, 2	Ch. 3, 4	Ch. 5, 6	Ch. 7, 8

**SUBJECT - G.K.****Exam Syllabus**

Unit Test - I	Unit Test - II	Unit Test - III	Unit Test - IV
Chapter- 1,2,3 General Awareness	Chapter- 5,6,7 Current Affairs and General Awareness	Chapter- 8,9,10 Current Affairs and General Awareness	Chapter- 11,12,13 Current Affairs and General Awareness

SUBJECT – MORAL SCIENCE**Exam Syllabus**

Unit Test - I	Unit Test - II	Unit Test - III	Unit Test - IV
Chapter- 1,2	Chapter- 3,4	Chapter- 5,6	Chapter- 7,8

SUBJECT - ART**Exam Syllabus**

Unit Test - I	Unit Test - II	Unit Test - III	Unit Test - IV
<ul style="list-style-type: none"> • A Castle • Village scene • Under water scene • Book page 3to12 	<ul style="list-style-type: none"> • Rainy Day • Camel in desert • Lotus in bloom • Book page 13to20 	<ul style="list-style-type: none"> • Duck on lake • Angry owl on branch • Dolphin with high jump • Book page 21to30 	<ul style="list-style-type: none"> • Fun of Makar Sankranti • Alien with aircraft • Holi ki masti • Book page 31to45

**SUBJECT – GAMES & YOGA**

Month	Skills	Objective/Aim
April - May	<ul style="list-style-type: none">• General Introduction & Basic rules.• Start with fitness workout.• Shuttle runs.• Zig zag run with ball.• Dribble the ball	To increase alertness, and Neuro-muscular co-ordination.
July	<ul style="list-style-type: none">• 20 mt run.• 10 mt run, 5 mt walk, 10 run.• 50 mt run & pick up the ball.• Fitness	To build speed and developed self confidence
August	<ul style="list-style-type: none">• Put your ball in basket game.• Throw the ball inside the bucket from (3m-4m)• Throw the ball inside the bucket from (4m-5m)	To enhance aiming skills
September - October	<ul style="list-style-type: none">• Basics flexibility exercise and yoga• Lunges then toe touch.• Sitting, standing, prone posture,• Animal yoga pose	To developed flexibility, concentration, and balance
November	<ul style="list-style-type: none">• Hold your medicine ball.• Flamingo game• Tenikoits and poll game• Boat pose yoga• Ardh hal asana	To build body endurance
December	<ul style="list-style-type: none">• Ball kicking• Kick the ball in small goal post.• Chest pass and throw• Toss the ball and catch	To develop eye and foot and hand co-ordination
January - February	<ul style="list-style-type: none">• Hurdle race.• Duck walks relay• Obstacle race• Frog jump	To build agility and strength

**SUBJECT – VPA – INSTRUMENTAL (WESTERN)**

Month	Category	Activity	Objective/Aim	Project
April	<u>Instrumental</u> <u>[western]</u> * PRACTICAL: -	Introduction of the Instruments and Fingering practice	Basic technique of holding the instrument	Orchestration of Inter house Instrumental Competition
May	<u>Instrumental</u> <u>[western]</u> * PRACTICAL: -	Fingering of instruments & Rhythm stroke pattern	Basic knowledge of the notation & rhythm	Symphony Inter house Instrumental Competition
July	<u>Instrumental</u> <u>[western]</u> * PRACTICAL: -	Practice of previous work	Notation & rhythm perfection	Orchestration of Independence Day and Annual Event
August	<u>Instrumental</u> <u>[western]</u> * PRACTICAL: -	Practice of Playing notation with rhythm metronome	Playing notation with Rhythm	Independence Day and Annual Event
September	Half Yearly Examination			
October	<u>Instrumental</u> <u>[western]</u> * PRACTICAL: -	Working knowledge of the Motivational Song	To prepare student take part in school musical events	Orchestration of the Song
November	<u>Instrumental</u> <u>[western]</u> * PRACTICAL: -	Practice of playing Motivational Song	To prepare student take part in school musical events	Orchestration of the Song
December	<u>Instrumental</u> <u>[western]</u> * PRACTICAL: -	Practice of playing Motivational Song and Beat practice	To prepare student take part in school musical events	Orchestration of Republic Day Event
January	<u>Instrumental</u> <u>[western]</u> * PRACTICAL: -	Lead and rhythm combined Playing in a rock band	To prepare student take part in school musical events	Republic Day Event
February	Annual Examination			



CLASS: III – BIFURCATED SYLLABUS – 2025 – 26

SUBJECT – VPA – INSTRUMENTAL (CLASSICAL)

Month	Category	Activity	Objective/Aim	Project
April	<u>Instrumental [Indian]</u> * PRACTICAL: -	Tabla / Bongo Beat Taal 8 maatraas	Introduction of the Indian Instrument	
May	<u>Instrumental [Indian]</u> * PRACTICAL: -	Dholak, Dhapli, Miracas	Practice for Perfection	
July	<u>Instrumental [Indian]</u> * PRACTICAL: -	Motivational song	Basic Knowledge of Song beat	
August	<u>Instrumental [Indian]</u> * PRACTICAL: -	Patriotic song	To give Basic knowledge of Taal pattern in song.	Independence Day (cultural Programme)
September	Half Yearly Examination			
October	<u>Instrumental [Indian]</u> * PRACTICAL: -	Unity song	Practice for Perfection in Unity song. Bongo beat	
November	<u>Instrumental [Indian]</u> * PRACTICAL: -	Unity song with Instrument	Taal Knowledge in unity song.	
December	<u>Instrumental [Indian]</u> * PRACTICAL: -	Dhapli, Mirakas	To give knowledge of Taal pattern	
January	<u>Instrumental [Indian]</u> * PRACTICAL: -	Patriotic Song	Taal knowledge In patriotic song	Republic Day Event
February	Annual Examination			



CLASS: III – BIFURCATED SYLLABUS – 2025 – 26
SUBJECT – VPA – DANCE (WESTERN)

Month	Category/Topic	Activity	Aim/objective	Project
April	Dance[western] * PRACTICAL	Basic hand movements	Introduction to basic knowledge of hand movements for dance	Preparation of Mother's Day
May	Dance[western] * PRACTICAL	Freestyle	Practice of freestyle	Presentation of Mother's Day
July	Dance[western] * PRACTICAL	Patriotic song	Practice of dance with a patriotic song stanza -1	Preparation of annual function
August	Dance[western] * PRACTICAL	Patriotic song	Practice and continuation of patriotic song stanza - 2	Annual function
September	Half yearly Examination			
October	Dance[western] * PRACTICAL	Beats and rhythms	Introduction to basic knowledge of beats and rhythms	Preparation of fest Diwali
November	Dance[western] * PRACTICAL	Basic moves	Introduction to some basic moves of dance	Preparation of fest Diwali
December	Dance[western] * PRACTICAL	Motivational song	Practice of dance with a motivational song	Preparation of republic day
January	Dance[western] * PRACTICAL	Revision of all previous work	Presentation of all previous work	Presentation of republic day
February	Annual Examination			



CLASS: III – BIFURCATED SYLLABUS – 2025 – 26
SUBJECT – VPA – DANCE (CLASSICAL)

Month	Category/Topic	Activity	Aim/objective	Project
April	Dance [Classical] * PRACTICAL	Basic moves of kathak	Basic knowledge of kathak	Preparation of Mother's Day
May	Dance[classical] * PRACTICAL	Hand movements	Knowledge of hand postures	Presentation of Mother's Day
July	Dance[classical] * PRACTICAL	Practice of hand movements on music	Improvement of postures	Preparation of Annual function
August	Dance[classical] * PRACTICAL	Basic foot movements	Knowledge of footwork	Annual function
September	Half yearly Examination			
October	Dance[classical] * PRACTICAL	Practice of footwork and hand movements	Improvement in body language of dance	Preparation for Diwali theme dance
November	Dance[classical] * PRACTICAL	Dance on theme Krishna	To gain knowledge of mythology through dance	Presentation of dance theme Diwali
December	Dance[classical] * PRACTICAL	Practice of theme Krishna	Practice for perfection	Practice of republic day
January	Dance[classical] * PRACTICAL	Presentation of all the movements together	Presentation of all steps	Republic day
February	Annual Examination			

**SUBJECT – VPA – THEATRE**

Month	Category / Topic	Objective/Aim	Activity	Project
April	(A)Introducing theatre to children (B)Rhythm & Movement	(A)Introducing theatre to children as a fun activity (B) Physical Development	Various Games & Exercises to improve Rhythm & Movement	
May	Voice & Speech	Language Development	Various Games & Exercises to improve Voice & Speech	
July	Facial expressions, nonverbal communication	To improve expressive ability	Various Games & Exercises to Develop nonverbal communication	
August	(A)Sensory & Motor Development (B) Emotional and Aesthetic Development	(A)To drives sensory stimulation (B) To increase motivation and develop appropriate interpersonal skills	Various Games & Exercises to Develop Sensory & Motor Skills	
September	Half Yearly Examination			
October	Story Telling	To build up the confidence to stand in front of the crowd and to tell a story	To present the story on their own with expression	Annual Function
November	Introduction of Role Play, Developing Character,	To bring characters to life and to tell stories	Giving task to perform different characters, Role Play	
December	Creating Plays from other sources and Poetry	To evoking emotions with music and poetry	Work on Musical Play	
January	Continuation of previous work			
February	Annual Examination			